Welcome!

Hours of relaxation await you at Falls Lake State Recreation Area. Just moments away from the hustle and bustle of the city, Falls Lake is a great way to escape the cares of urban life. This 38,000 acre aquatic paradise offers a choice of recreation areas-Beaverdam, B.W. Wells, Highway 50, Holly Point, Rolling View, Sandling Beach and Shinleaf.

Fishing, boating, swimming or just having fun in the sun are only a few of the activities awaiting you on the water. On land, you can enjoy camping or walking along a portion of the state's Mountains-to-Sea Trail.



Make a reservation online at ncparks.gov or call 1-877-7-CAMP-NC (1-877-722-6762).



Park Hours

November - February	8 a.m 6 p.m.
March, April, September & October	8 a.m 8 p.m.
May - August	8 a.m 9 p.m.
Closed Christmas Day	·

Contact Information

Falls Lake State Recreation Area 13304 Creedmoor Road Wake Forest, NC 27587 (919) 676-1027 falls.lake@ncparks.gov www.ncparks.gov

Division of Parks and Recreation Dept. of Environment and Natural Resources 1615 Mail Service Center Raleigh, NC 27699-1615 (919) 707-9300



When you have finished with this publication, help save our earth by sharing it with a friend, returning it to the park or recycling it.

Activities

With a 12,000 acre lake and 26,000 acres of woodlands, Falls Lake State Recreation Area offers ample opportunity for enjoyment. When it comes to outdoor recreation, Falls Lake can't be beat.

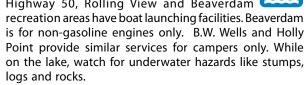


Fishing: An abundance of bass, bluegill, catfish and crappie attract anglers from the surrounding area. Artificial reefs and underwater fish

shelters help support game and non-game fish, while continuous stocking programs ensure an adequate and healthy fish population.

Sailing, Boating and Skiing: Falls Lake is a haven for sailors, boaters and water-skiers.

Highway 50, Rolling View and Beaverdam





Rolling View Marina, a privately managed concession located near Rolling View State Recreation Area, is operated for the convenience

of our boating and fishing visitors. The marina offers boat launching, snack bar, slips and mooring, equipment rental, supplies and gasoline.

Swimming: Sandy swim beaches at Sandling Beach, Rolling View and Beaverdam offer the perfect place to cool off or work on your tan. Modern bathhouses provide restrooms and changing facilities. Holly Point offers a swim area for campers only.

All North Carolina boating and fishing regulations are enforced. Please keep children under close supervision at all times and outfit them with personal flotation devices when they are playing on or near the water.



Biking: Beaverdam Recreation Area features a 16-mile mountain bike trail that winds through a mixed pine and hardwood forest.

Hiking: The Falls Lake Trail is a portion of the Mountains to Sea Trail that travels the entire south shore of Falls Lake. It connects two recreational areas providing camping opportunities for backpackers. Visit www.ncmst.org for more information about the Mountains-to-Sea Trail.

Camping: Rolling View, Shinleaf, B.W. Wells (reservations only) and Holly Point are the perfect places to pitch your tent or park your trailer. Rolling View and Holly Point family campsites include picnic tables, outdoor grills and tent pads. Many offer water and electric hookups. Showers, restrooms, a dump station and a children's playground are located nearby. All areas are accessible for persons with disabilities.



Group Camping: Rolling View, Shinleaf and B. W. Wells have special areas for camping within the privacy of your own group. These group sites are set aside for camping clubs and large groups. The campsites offer drinking water, picnic tables, fire pits and showers. Advance reservations are required.

Pack a Picnic: All recreation areas offer ideal spots for dining in the out-of-doors. Picnic sites are equipped with outdoor grills and tables. Drinking water is located nearby. Sandling Beach, Rolling View and Beaverdam have picnic shelters of various sizes, perfect for any group. Our picnic shelters are extremely popular; reservations are suggested.

Gathering Place: Reserve the community building at Rolling View Recreation Area for your next family reunion or organization meeting. Located on the lakeshore, the facility has a large meeting room, kitchen facilities and



History Highlights

Prior to 1978, flooding of the Neuse River caused extensive damage to public and private properties including roadways, railroads, industrial sites and farm lands. The Falls Lake Project was developed by the US Army Corps of Engineers (USACOE) to control damaging floods and to supply a source of water for surrounding communities. Construction of the dam began in 1978 and was completed in 1981. The USACOE still owns the land that is Falls Lake State Park but the park is under a cooperative lease agreement to manage the land for preservation and public use.

In addition to recreation opportunities, Falls Lake now provides flood and water quality control, water supply and fish and wildlife conservation.

Flora and Fauna



A wide variety of plants and animals can be found throughout Falls Lake. Colorful wildflowers like tick-seed sunflowers, butterfly weeds and asters can be found nestled next to a number of oak species as well as loblolly pines. White-tailed deer, rabbit, quail, red fox and raccoons are some of the most common forms of wildlife. Bluebirds, goldfinches and wrens sing in the trees, as wood ducks and mallards gently paddle in the nearby water. Soaring in the sky overhead are birds of prey like the red-tailed hawk, osprey and the bald eagle. The calls of the greathorned, barred and screech owls fill the night air.

Access

Persons with disabilities will find access to a wide range of recreational opportunities at Falls Lake. Enjoy the view on a fishing pier with a gently sloping pathway or eat in the out-of-doors at any of the 22 accessible picnic shelters. The swim beaches have concrete ramps going down to the water's edge while Rolling View and Holly Point recreation areas offer campsites designed specifically for wheelchairs. All parking lots have spaces set aside for persons with disabilities and the restrooms are accessible as well. Park staff will guide you to facilities best suited to your needs.

Park Fees

Entrance fees are charged at Falls Lake State Recreation Area. The fee covers recreational activities only. Separate fees are charged for picnic shelter reservations, the community building and campsites. For further information on reservations and a fee schedule, contact the park office.

Nature's Classroom

Falls Lake State Recreation Area holds the key to many of nature's best-kept secrets. Unlock the door to nature's classroom and watch the mysteries begin to unfold. Our rangers will guide you on exciting explorations where you'll uncover fascinating surroundings and make great discoveries about the world in which we live. Bring our state's rich natural and cultural heritage alive. Embark on a learning adventure and discover the

wonders of this aquatic paradise. Interpretive programs take place throughout the year. Contact the park office to arrange a special exploration for your group or class.

Rules & Regulations

Make your visit to Falls Lake a safe and rewarding experience. The following rules and regulations are in effect throughout the park for the protection of our natural resources and our visitors.

- ☐ The removal of any plant, animal, rock or mineral is
- Hunting, trapping and fireworks are prohibited. NC State Parks and Recreation Areas are wildlife preserves.
- Federal law (36 C.F.R. § 327.13) prohibits loaded firearms or ammunition on the lands and waters at Falls Lake State Recreation Area that are owned by the US Army Corps of Engineers but are managed by the state parks system. Per G.S. 14-415.11(c), all firearms, concealed or otherwise are prohibited.
- The possession or consumption of alcoholic beverages is prohibited.
- Fires are permitted in designated areas only.
- Swimming is permitted in designated areas only.
- □ NC motor vehicle and traffic laws apply in the park. Pets must be kept on a leash no longer than six feet. Pets are not allowed in the bathhouses or swimming
- Camping is permitted in designated areas by permit
- As a courtesy to other campers, observe the posted campground quiet hours: 10 p.m. - 7 a.m.
- Maximum stay in the campgrounds is 14 days in a 30
- ☐ A maximum of six people and two vehicles are permitted on each family campsite. ☐ All NC boating and fishing regulations are enforced.
- See the Division's website for a full listing of Rules and

The N.C. Division of Parks and Recreation is a part of the Department of Environment and Natural Resources.

John E Skvarla, III Secretary

Regulations at www.ncparks.gov



Pat McCrory



Department of Environment and Natural Resources

N.C. Division of Parks and Recreation

RECREATION AREA **STATE**

FALLS LAKE

FALLS LAKE

STATE RECREATION AREA



Falls Lake State Recreation Area is located in Wake and Durham counties. It is 10 miles north of Raleigh on N.C. 50 or 12 miles east of Durham off N.C. 98.





We're social www.ncparks.gov



